

Useful Resources for Automatically and Immediately Assessing and Acting on What Matters to Patients

[A Summary Poster with Active Links](#)

Why Primary Care Practices Should Adopt Standardized Assessment and Information Networking Technologies: SAINTS

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What is a SAINT?

SAINTs are Standardized 21st Century Tools for Automatically and Immediately Assessing and Acting On What Matters to Patients

Why is this important?

- Current Practice and Payment Still Uses a 20th Century Model with Intrinsic:
 - Delay of information such as identifying patients at greatest risk for costly care, patient reports about care processes, and pay for process performance that relies on an amalgamation of this delayed information.
 - Unmeasured Variation in Determining What Matters for patients.
- When information feedback is delayed and clinicians are "not on the same page" with patients, practice efficiency and effectiveness is greatly reduced.

Real-world examples?

- Several decades of development, empiric testing, and funded research by primary care clinicians have resulted in deep knowledge about SAINTs and what makes them work well. For details go to:
 - <https://link.springer.com/journal/10.1007/978-1-118-020-222-8> and, for implementation, <https://www.youtube.com/watch?v=5V0V68k3o>

During the past 4 weeks, how much have you been bothered by emotional problems such as being nervous, depressed, irritable, or sad?

Not at all | Slightly | Moderately | **Quite a bit** | **Extremely**

During the past 4 weeks, how much bodily pain have you generally had?

None | Slightly | Moderately | **Quite a bit** | **Extremely**

How many different prescription medications are you currently taking more than three days a week?

None | One | Two | Three | Four | Five | **Six or more**

Do you think that any of your pills are making you sick?

Yes | **NO, NOT SURE** | No

Let me taking any pills...

Yes | **NO, NOT SURE** | No

How confident are you that you can control and manage most of your health problems?

Not at all | Very confident | **Confident** | **Not very confident**

We present here a free item SAINT called the What Matters Index or WMI. Currently the WMI is the backbone for payee-sponsored implementation to align payment, services and quality in primary care. JAMA. 2021;324(9):865-806. <https://doi.org/10.1001/jama.2021.7829>

The WMI attributes include that it is free and easy to implement using computers or mobile phones; customizable; produces results automatically to guide services; stratifies patients at risk for costly care as well as computer models; and supports payer, clinician, patient and population objectives for quality assurance, accountability and a learning health care system.

[A Practical Summary of Development and Testing of Standardized Assessment, Information and Networking Technologies](#)

Special Section: Feedback Tools | [Open Access](#) | Published: 25 May 2020

Standardized assessment, information, and networking technologies (SAINTs): lessons from three decades of development and testing

John H. Wasson

Quality of Life Research (2020) | [Cite this article](#)

1049 Accesses | 3 Citations | 16 Altmetric | [Metrics](#)

Abstract

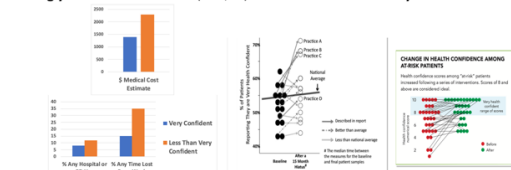
Purpose
To rectify the significant mismatch observed between what matters to patients and what clinicians know, our research group developed a standardized assessment, information, and networking technology (SAINT).

[A Brief Movie that Puts It All Together... and Includes Lynn Ho's Illustration of How to Make It Routine](#)

Health Confidence: Concrete, Action-Oriented Patient Health → Population Health

Strongly Related to Utilization (n= 64,000)

Practices Can Easily Address



[The Free HowsYourHealth.org Family of Tools](#)

The screenshot shows the 'Choose A Quick Health Check-up' section with a 'Your What Matters Index' button. Below it, the 'Automation Guides Same Page Actions' section provides instructions on how to use the tools, including a 'FOLLOW UP' button and a 'Patient Education' button.

[A Recent Article from the Journal of the American Medical Association that Details How a Patient-Centered Payment and Quality Assurance Program Can Improve Care and Greatly Reduce Measurement and Reporting Burdens in Primary Care](#)

Viewpoint

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Aligning Payments, Services, and Quality in Primary Care

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